

# 2023 Canterbury West Coast Junior Championships

## 11<sup>th</sup> to 12<sup>th</sup> March 2023

### Saturday 11th March

Session 1

Warm up 2.30-3.25pm Start 3.30pm

1	400 IM	W	12 years & U
2	400 IM	M	12 years & U
3	400 Free	W	12 years & U
4	400 Free	M	12 years & U
5	50 Breast	W	10 years & U
6	50 Breast	M	10 years & U
7	50 Breast	W	11 years
8	50 Breast	M	11 years
9	50 Breast	W	12 years
10	50 Breast	M	12 years
11	100 Fly	W	10 years & U
12	100 Fly	M	10 Years & U
13	100 Fly	W	11 years
14	100 Fly	M	11 years
15	100 Fly	W	12 years
16	100 Fly	M	12 years
17	200 Back	W	10 years & U
18	200 Back	M	10 years & U
19	200 Back	W	11 years
20	200 Back	M	11 years
21	200 Back	W	12 years
22	200 Back	M	12 years
23	100 Free	W	10 years & U
24	100 Free	M	10 years & U
25	100 Free	W	11 years
26	100 Free	M	11 years
27	100 Free	W	12 years
28	100 Free	M	12 years
29	200 Breast	W	10 years & U
30	200 Breast	M	10 years & U
31	200 Breast	W	11 years
32	200 Breast	M	11 years

### Sunday 12th March

Session 2

Warm up 9.00-9.55am Start 10.00am

35	100 IM	W	10 years & U
36	100 IM	M	10 years & U
37	100 IM	W	11 years
38	100 IM	M	11 years
39	100 IM	W	12 years
40	100 IM	M	12 years
41	200 Free	W	10 years & U
42	200 Free	M	10 years & U
43	200 Free	W	11 years
44	200 Free	M	11 years
45	200 Free	W	12 years
46	200 Free	M	12 years
47	50 Fly	W	10 years & U
48	50 Fly	M	10 years & U
49	50 Fly	W	11 years
50	50 Fly	M	11 years
51	50 Fly	W	12 years
52	50 Fly	M	12 years
53	100 Back	W	10 years & U
54	100 Back	M	10 years & U
55	100 Back	W	11 years
56	100 Back	M	11 years
57	100 Back	W	12 years
58	100 Back	M	12 years
59	4 x 50 free relay	W	12 years & U
60	4 x 50 free relay	M	12 years & U

### Sunday 12th March

Session 3

Warm up 2.30-3.25pm Start 3.30pm

61	50 Back	W	10 years & U
62	50 Back	M	10 years & U
63	50 Back	W	11 years
64	50 Back	M	11 years
65	50 Back	W	12 years
66	50 Back	M	12 years
67	200 IM	W	10 years & U
68	200 IM	M	10 years & U
69	200 IM	W	11 years
70	200 IM	M	11 years
71	200 IM	W	12 years
72	200 IM	M	12 years
73	50 Free	W	10 years & U
74	50 Free	M	10 years & U
75	50 Free	W	11 years
76	50 Free	M	11 years
77	50 Free	W	12 years
78	50 Free	M	12 years
79	200 Fly	W	12 years & U
80	200 Fly	M	12 years & U
81	100 Breast	W	10 years & U
82	100 Breast	M	10 years & U
83	100 Breast	W	11 years
84	100 Breast	M	11 years
85	100 Breast	W	12 years
86	100 Breast	M	12 years
87	4x50 medley relay	W	12 years & U
88	4x50 medley relay	M	12 years & U

33	200	Breast	W	12 years
34	200	Breast	M	12 years